



Ramakrishna Mission Ashrama

Morabadi, Ranchi 834008

World Yoga Day Celebration on 21 June 2025 under Rebuild India programme

Quiz competition for all students, teachers and all other people of Jharkhand

Guidelines for Participants (Free)

Objective: To promote Yoga among all people of Jharkhand to attain the goal of 'Yoga Yukta Jharkhand, Rog Mukta Jharkhand' (योग युक्त झारखण्ड, रोग मुक्त झारखण्ड), this competition is being organized.

Quiz Competition on Yoga: Students and others

(A) The quiz competition will be on the following topics:- Common Yoga Protocol Booklet (25 Questions), Raja Yoga (10 questions), Based on Maharishi Patanjali, Swami Vivekananda and Yogacharyas of modern times (10 questions) and general yoga related (5 questions) multiple choice quiz competition, time:- 20 minutes

(B) Date :- The quiz competition will be conducted online through Google Form on 8th June 2025 at 9.30 AM and the selected contestants from the above mentioned competition will be selected for the final competition, which will be informed later.

(Offline participants should not enter their names on the website to avoid any confusion)

(C) Mock Test(Practice Exam):- 6th and 7th June 2025 from 9.00 am to 4.00 pm.

Registration (online) :- Start Date: 01st April 2025

Last Date: 30th May 2025

For More Information, Registration and to download study materials, district level organization details, please visit website: <https://www.rkmranchi.org/yoga/> and Email for any queries:

rkm.asskoffice@gmail.com.

Mobile Numbers :- Shri Pritam Banik 9931102135/ Shri Jitendra Kr. Mahto 8252910735/

Shri Ravi Oraon 821 073 8942 Contact (10 am to 12 noon and 2 pm to 5 pm).

Main Features:-

- Free online registration and E-certificate to all participants.
- State Level: First Seven winners will be given cash prize (First – Rs. 10,000/-, Second – Rs. 5000/-, Consolation (5) – Rs. 1000/-) along with a special certificate by a distinguished person on World Yoga Day (21st June 2025).
- Note:- programme is subject to change as per situation by Ramakrishna Mission Ashrama

Swami Bhaveshananda
(Secretary)